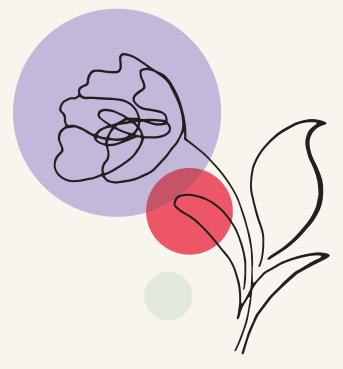
## In Time of Stress

Lord, I can't cope any more. It is all just too much. It is all coming on top of me. Did you feel that way in the Garden of Gethsemani? Help me, Lord, to step back. Help me to take a deep breath and know that you are always with me. I can rely on you, I trust in you. Amen.



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